



ANNUAL REPORT 2020



CENTRUM PRO ROZVOJ PÉČE O DUŠEVNÍ ZDRAVÍ
CENTRE FOR MENTAL HEALTH CARE DEVELOPMENT

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Centre in 2020

Dear readers,

Year 2020 will remain in our minds as the year of the Covid pandemic: Fear of disease, separation of relatives, tens of thousands of people who passed away unexpectedly and earlier than they should have; anger with the government, hope for the arrival of vaccination, which finally brought along comeback to more normal life.

Naturally, we were strongly affected by the pandemic too. We had to learn new things a lot; whenever it was possible, we transferred all running projects and educational activities into online environment. In this way, we realized very soon, what was realizable across the screen very well, and where normal face-to-face contact was hardly replaceable. Besides one journey in February, we therefore could not travel to Moldova, where we had worked already since 2015, at all. The distant form of the contact was problematic, the mediated information we got were hard for us to put together. It was also extremely difficult to work on introducing peer family members into psychiatric hospitals in times where strict quarantine measures were in force. Thanks to huge efforts of the team we actually managed to keep everything going. More than that: We managed to arrange excellent international meetings of the recovery colleges' supporters online. We completed the Regime Measures Analysis for the Ministry of Health paradoxically in times when regime measures were experienced practically by everyone. We engaged a lot in the area of care about people with mental health issues – we issued an excellent book by Janine Berg-Peer, *A Manual for the Inclusion of Peer Carers into Community Services* (Manuál pro zapojení peer pečovateli do komunitních služeb) and a very interesting video was created about what it was actually like when your relative was fighting mental illness. The lecturers of the Educational Institute, as well as the Recovery College team were great. In an unbelievably short time they managed to transfer some of the courses into online shape, and we could therefore be working even in lockdown. Thanks to the devotion and dedication of the Centre's team, as well as of the close colleagues, an unbelievable piece of work was done. All this went on in a year where schools were closed for most of the year and part of the colleagues shifted from work to homeschooling. I wish us all that in 2021 we manage to relax more, to take pleasure from either small or big successes, and to appreciate even the ordinary gets-together.

Pavel Říčan



Clients of the sheltered housing in Zgurita (Northern Moldova)



Meeting of moldovan and czech experts during so called "tea at five"

Educational institute

The situation relating to the epidemic led also to the limitation of attendance education, therefore slightly fewer courses were realized in 2020 than in the previous year. Mainly in the spring period we had to cancel several courses and postpone some to later. Part of them we managed to realize during the summer and in the autumn, but with the arrival of the second wave of the epidemic some of them could not run and they are still waiting to be launched. Others were successfully transferred to online form. However, even this had its drawbacks and it did not go as fast as it possibly could, mainly because the rules for distant education, on the part of the Ministry of Labour and Social Affairs, were released only slowly and it became possible to offer accredited courses in standard conditions online practically no earlier than in October.

In 2020 we realized 31 educational courses, which were successfully taken by 392 participants in total. There were a little more tailored courses, organized mainly for service providers in the area of mental health, than open courses (18 tailored courses, 12 open courses, and 1 course as part of a project). 4 CARE Model courses started already in the previous year went on in 2020.

Courses 2020	Number of courses	Number of teaching days
Open courses	12	35
Tailored courses	18	50,5
Courses as part of a project	1	5
TOTAL	31	90,5

One of the most successful courses, as for the number of runs, was, same as in the previous years, **The Basic Course for Peer Workers**, which ran together five times, one of which was part of the project Involving Peer workers in the Moravian-Silesian Region; another one was **The CARE Model**, out of which 8 runs were launched + 2 runs followed from the previous year. These were again exclusively tailored courses, which organizations order tailored for their teams, sometimes repeatedly (e.g. for Fokus Mladá Boleslav or for Bona o.p.s. the courses currently run already for the third time, for the Silesian Diaconia it is for the second time).

There was demand also for new/renewed courses **Suicidality in People with Serious Mental Illness**, **Approach to Sexuality of People with Psychosis**, or **Approach to Clients with Personality Disorder**. For the first time two out of three follow-up courses for peer workers were launched (**Role of the Peer Worker: Communication Oriented on Personal Strengths and Working with a Group in Practice** and **Support of Recovery in Practice**). The third out of this series (**Working with the Personal Story in Practice**) unfortunately could not be carried out due to the announcement of the state of emergency, and it shall be launched in the autumn of 2021.

There was a versatile reaction to the situation on the part of our lecturers of the CARE Model course, and also of the Basic Course for Peer Workers, who showed great flexibility and technical skill, and managed to accommodate the lessons to online environment even with such extensive and structured courses. However, as it is becoming apparent, even this has its limitations, and some aspects of personal meetings cannot be replaced, not even by the best online teaching... Besides video conferences, other tools were introduced into education, like for example the Google classroom. Therefore there is still something to learn even for us.

In 2020, we managed to certify a new course Approach to Clients with Personality Disorder in Social Services lectured by PhDr. Martina Venglářová.

Stopstigma.cz – Counselling Service

Even in 2020, we managed to maintain uninterrupted and unlimited operation of the internet multidisciplinary counselling service www.stopstigma.cz. The answers of the professionals in the counselling service are given with the help of the VIZDOM project realized by the National Institute of Mental Health. The questions were answered also by eight peer counsellors. Their answers were demanded in 65 % of all questions.

We evaluated the operation of the multidisciplinary counselling service for the period 8/2015–12/2020 as regards the questions. For the whole period, we answered to 2705 questions (by which the counselling service showed growth by 750 questions); in 64% the questions were answered also by peer counsellors. In most of the cases (80 %) the questioners asked about their troubles, in 16% of cases they were looking for advice for their close ones. 58 % of questioners or their close ones are not getting professional care, or it was not possible to decide from the inquiry. In 51% the questions centred about the topic of “what to do”, in the rest of the cases they focused on pharmacotherapy and diagnoses including the treatment. In 6% the content of the inquiry included the issue of suicide or suicidal attempt.

CARe Platform Czech Republic

In 2020, the CARe Platform concentrated mainly on continuing in the already existing activities, with the aim to spread practice oriented on recovery. The CARe Platform therefore offers not only the interconnection of the CARe Model trainers, but also organizations and people, who take interest in the CARe Model, or work with it in practice. The CARe Model is getting more and more known and spread in practice. It proves useful as a tool for bridging the intramural and extramural care, and it helps find common language between the medical and social workers. In 2020, support targeted on the implementation of the model in Fokus Vysočina, the Bohnice Psychiatric Hospital, and in Domov Na cestě (Home on the road, earlier Home in the Rychmburk castle) continued. Newly, closer cooperation with the organizations Bona, Fokus Tábor, PH Opava, PH Jihlava, Silesian Diaconia, Ledovec, Fokus Mladá Boleslav, Oblastní Charita Polička (Polička Regional Charity) and VOR Jihlava, started developing.

One of the essential activities of the CARe Platform CR is still the area of education. Several courses of the CARe Model were carried out in 2020 (see the activities of VZIN); The CARe model schooling is also spreading into pregraduate and postgraduate education. Education in psycho-social rehabilitation as an elective subject at the College of Polytechnics Jihlava, and as part of bachelor and master’s education of occupational therapy at the First Faculty of Medicine at Charles University is successfully in progress. Moreover, schooling within the bachelor’s studies of occupational therapy at the Faculty of Health Care Studies of the University of West Bohemia in Pilsen is in progress too.

The Covid pandemic influenced to a substantial extent also the gatherings of the CARe Platform, which did not finally get to meet in 2020. In September and November the lecturers of the CARe Model met online, and created together several novelties in the teaching style of the course (the educational material Atelier, Google classroom etc.) and accommodated the classes also for online

environment. Mutual support, inventing innovations and sharing experience with online teaching was very rewarding.

A new project “The Development of Psycho-Social Rehabilitation according to the CARE Model”, implemented by the Centre of Mental Health Care Development together with Fokus Mladá Boleslav, VOR Jihlava and Polička Regional Charity for the CARE platform, brings the CARE model fidelity audit method and new information about the development of the model (translation of the updated method CARE 3.0).

The Centre of Mental Health Care Development continued to be in close cooperation with The CARE Network also in 2020. Our colleague Mgr. Jana Pluhaříková Pomajzlová became the main trainer of the CARE model within The CARE Network. In 2020 mapping of the CARE trainers’ practice took place, and a group for the preparation of online international training in the CARE model was established. Due to the pandemic situation in Europe, we started preparing a series of webinars on current topics, which are in progress in 2021.

Peer support

We have been engaging in supporting peer workers and their integration into teams in the area of mental health care, both in the social and medical area, since 2012. We offer complex support to organizations and hospitals in integrating peer workers into teams. If an organization is already employing peer workers, we offer support in problem solving and further systematic development of the concept.

Education of peer specialists is part of our educational activities, in which we consistently include experienced peer workers as lecturers.

The number of peer workers is growing year-on-year. In 2020, as part of a project of the Moravian-Silesian region, we supported 6 organizations/hospital wards and employed 22 new peer workers there. The teams, as well as the peer workers, get support by methodical consultations, supervisions, and educational stays.

Since 2013, we also have been engaging in integrating people with their own experience with mental illness in the education of future professionals in mental health care. At that time, four six-hour educational models emerged centering around topics: Recovery; Destigmatisation; Peer Programs, and Self Management that recently became the basis of the courses of the Recovery College. These topics get updated for University teaching in relation to the needs of the individual subjects, where they are taught.

The presence of peer lecturers at the lectures of chosen subjects at universities became the norm. During 2020, even despite the unfavourable pandemic situation, the norm had been not only kept, but also developed, and peer lecturers were included in teaching above the scope of 4 existing universities (The Social Work Department, Faculty of Philosophy, Charles University; education of occupational therapists at the First Medical Faculty, Charles University; and the College of Polytechnics, Jihlava) and they became part of the education at 2 other

departments of the Charles University (the Evangelical Theological Faculty, and the Third Medical Faculty). We managed to react to the pandemic situation and related measures with the offer of online lessons, which were attended by at least 90 students, and almost 80 lessons took place.

Lecturers with their own experience have also a lion's share in the creation of the conception of the individual courses and workshops at the Recovery College, which we have been running since 2017.

The idea of including the family members of people with mental illness in care was first grasped by Fokus Mladá Boleslav, who employed historically the first peer carer. The year 2017 marks the beginning of the inclusion of family members of people with mental illness in other mental health care teams as part of the Centre's project. The project concerning the inclusion of peer family members, aka peer carers, in community service teams was concluded with success. Five out of eight peer carers employed in the project are still working at their posts. The second project that focuses on employing peer family members at psychiatric wards is being finalized. Currently, 8 peer carers are being supported by the project.

Recovery College

Since 2017 the Recovery College has been offering a range of activities based on the principles of a community centre to people with mental illness, their close ones, students of helping professions, and others interested in the issue of mental health care. It is mainly the offer of courses engaged in the issue of recovery from mental illness, and the support of coping with everyday life. We work with the students' own sources and we help develop their personal strengths. Besides the courses, cultural activities in the form of a literary workshop and a theatre workshop are part of the offer, and a considerable part of it is destigmatisation. The inspiration for the creation of the Recovery College came mainly from Great Britain, but also from the Netherlands where the so called Recovery Colleges are well incorporated in the system of mental health care.

The key aspect of the Recovery College is the inclusion of experts with their own experience, mainly peer lecturers, in all its activities including the overall concept.

In 2020, the operation of the Recovery College was affected by the epidemiological situation related to Covid-19. After the initial hesitation about whether it was possible to offer the activities in online environment, we decided to accept the challenge and it turned out that new possibilities were opening to us and our students. We transformed some of the courses into online form, and at the same time we created a portfolio of new ones, specifically designated for online teaching. We found out that this opened the Recovery College also to people who had been reluctant to come in person. The possibilities of the online world that make it easier to connect across distances gave rise to the international platform of recovery colleges and in this way we were able to share and learn from each other also with people from various different parts of Europe. This would probably be very difficult if we were to meet in person.

Overview of Projects



Project Moldova: Meeting of moldovan and czech experts during so called "tea at five"

Name	Output	Professional guarantees and counsellors	Partners	Implementation / from-to
Supporting transformation and community services for people with mental disorders and mental illness in Moldova ("Moldova")	<p>Increased quality of care in sheltered housing for people with mental disorders and people with mental illness</p> <p>Professionalization of the National Agency for Social Assistance (ANAS)</p> <p>Improving the situation of people with mental illness in the transformation process</p> <p>Raising public awareness in the regions.</p>	<p>Jan Pfeiffer</p> <p>Myroslava Bubela</p> <p>Jan Paleček</p> <p>Jana Pluhaříková Pomajzlová</p> <p>Pavel Říčan</p>	<p>Ministry of Health, Labour and Social Protection of the Republic of Moldova</p> <p>Člověk v tísni/ People in Need Moldova</p> <p>Keystone Moldova</p> <p>Trimbos Moldova</p>	1.6.2019 – 31.12.2021
Development and improvement of services of the Recovery Community Centre („Recovery College“)	<p>Offer of 14 attendance courses and 6 online courses, all taught 2-3 times</p> <p>Regularly Monday gatherings of the theatre workshop at the Střelecký island</p> <p>Gatherings of the literary workshop, 2 issues of the Zámezí magazine, individual support in creative writing, 2 literary evenings</p> <p>5 workshops Soul and Body</p> <p>80 successful graduates of courses and other programs</p>	<p>Pavel Říčan</p> <p>Petra Kubinová</p> <p>Jana Pluhaříková Pomajzlová</p> <p>Šárka Michlová</p> <p>Barbora Ďásková</p> <p>Lenka Březinová</p> <p>Team of lecturers composed of 15 peer lecturers and 9 professionals</p>	<p>Recovery and Wellbeing College as part of Central and North West London NHS Foundation Trust (UK)</p> <p>Recovery College, Práh South Moravia (CZ)</p> <p>Centre for Mental Health Care Development in the Moravian-Silesian region (CZ)</p> <p>Nájdí sa (SK)</p>	1.1.2019 – 30.4.2021

Name	Output	Professional guarantees and counsellors	Partners	Implementation / from-to
	<p>Involving peer lecturers in teaching at 6 universities</p> <p>Establishment of an international platform of recovery colleges, support in the foundation of other recovery colleges</p> <p>3-day workshop with partners from UK for fans of recovery colleges</p> <p>Conference on the topic of the Concept of recovery college/ Recovery college in CR and Europe</p> <p>Multidisciplinary internet counselling service Stopstigma.cz, individual online peer support in coping with the impact of the Covid-19 pandemic</p> <p>Translation of the interventions as part of the SafeWards method.</p>	Counselling team Stopstigma.cz	<p>Bergen Recovery Skole (NOR)</p> <p>College of Polytechnics Jihlava (CZ)</p> <p>Charles University (CZ)</p> <p>Kámen Theatre</p>	
Support of family members of mentally ill patients of psychiatric inpatient institutions („Peer family members in PH“)	<p>Establishing the role of peer family member in 3 psychiatric hospitals, including schooling, methodical support, and study stay abroad: 8 peer family members, 15 months</p> <p>Support of family members of patients in cooperating psychiatric hospitals: individual support, thematic and weekend meetings</p> <p>Manual for the inclusion of peer family members to psychiatric inpatient institutions; Guide to hospitalization and treatment for family members and people close to the mentally ill patients</p> <p>Evaluation: assessment of the effectivity of establishing the role of peer family member; and the educational cycle for family members including the publication Guide to Hospitalization and Treatment</p>	<p>Jana Pluhaříková Pomajzlová</p> <p>Pavel Řičan</p> <p>Magdaléna Štochlová</p> <p>Jiří Štefl</p>	<p>PH Horní Beřkovice, PH Jihlava and PH Opava</p> <p>Emergis (Netherlands): Toon van Meel a Anna de Glopper</p>	1.8.2019 – 31.10.2021

Name	Output	Professional guarantees and counsellors	Partners	Implementation / from-to
Systematic support of the activities of peer workers in Psychiatric Hospital Bohnice („Peer workers in PHB“)	<p>Guidelines for the activities of peer workers in PHB – integrating peer workers into the system of human resources management</p> <p>Video spot about the role and contribution of peer workers at an inpatient institution</p> <p>Flier describing the role of a peer worker designated for patients</p> <p>Package of examples of good practice of peer workers</p> <p>Feedback meetings at the wards – support of effective work of PC in teams of PHB</p> <p>Supervisory support for peer workers</p> <p>Verifying the effect of peer work</p>	Pavel Řičan	PH Bohnice	1.9.2019 – 31.8.2021
Support of informal carers of people with mental illness – Stepping out of a vicious circle („Families“)	<p>Course “The mentally ill and their families” – in 8 towns</p> <p>Internship program for family members – two-day internships in chosen representative services in CR</p> <p>Informative materials for family members – publication for family carers and coordinators of self-help groups</p> <p>Establishing the post of a peer carer – practice employment and support of 8 peer carers</p> <p>Evaluation of the effect of educating family members and the involvement of peer carers in services</p> <p>Internet counselling for family members and evaluation of its impact</p>	<p>Zuzana Foitová</p> <p>Jan Stuchlík</p>	<p>National Institute of Mental Health</p> <p>Sympathea, o. p. s.</p>	1.9.2017 – 31.8.2020

Name	Output	Professional guarantees and counsellors	Partners	Implementation / from-to
Development of psycho-social rehabilitation according to the CARE model („CARE“)	<p>Translation of CARE Fidelity Scale tools, and the practical methodology of the CARE model</p> <p>14 auditors of the care model trained by a Dutch trainer</p> <p>Realization of two-round CARE model fidelity audits in 7 teams of care providers</p> <p>Consulting support of care development according to the CARE model</p> <p>Internships in services in the Netherlands for 30 workers</p> <p>Evaluation of changes in care receivers</p>	<p>Jana Pluhaříková Pomajzlová</p> <p>Jean Pierre Wilken</p>	<p>Fokus Mladá Boleslav</p> <p>VOR Jihlava</p> <p>Polička Regional Charity</p> <p>The CARE Network</p>	1.4.2020 – 31.3.2022
Support for the soul II – activity N°3 – Integrating peer workers in mental health care in the Moravian-Silesian region	<p>6 supported organizations working in Moravian-Silesian region by methodical support in choosing and employing peer workers</p> <p>22 employed peer workers in 6 organizations involved in the project</p>	<p>Václav Buchta</p> <p>Ivana Strossová</p>	<p>Project implementer: Moravian-Silesian Region</p> <p>Supplier of activity N°3: CMHCD</p>	1.4.2020 – 31.3.2022

Professional events, participation in conferences

20.11.2020	<p>Online conference on the topic of the Concept of recovery college/ Recovery college in CR and in Europe</p>	<p>The present and the future of the concept of Recovery college in Great Britain and in Europe – Julie Repper (ImROC, Great Britain)</p> <p>Innovative day programs in the community - Conny Ariens (Eagle Shelter, Netherlands), Martin Fojtíček (Ledovec)</p> <p>Educational programs about types of Recovery colleges in Czech and foreign practice – CMHCD, Zuzana Hlubinková (Práh Brno)</p> <p>The concept of Recovery college in Norway – Audun Pedersen, Anne Turid Nygaard (Bergen Recovery College, Norway)</p>
JULY– AUGUST 2020	<p>Exhibition of photographs of two social care institutions in the towns of Badiceni and Cocieri in Moldova, of their clients, and also of first sheltered housings and their inhabitants – Out of the Suburbs</p>	<p>Photo: Tomáš Vlach</p>
8.9.2020	<p>Presentation of the theatre workshop of the Recovery College at the Střelecký island</p>	

15.9.2020	Conference for 30 years of community care	Pavel Říčan: Three points of view of the Centre for mental health care development
13. - 15. 10. 2020	Online 3-day workshop with partners from the UK for recovery colleges fans	Workshop leaders: Syena Skinner and Mary Anne Cable from Recovery and Wellbeing College within the Central and North West London NHS Foundation Trust (UK)
18.11. and 8.12.2020	Online meeting for family members and friends of people with mental illness	<p>First two out of a series of six online meetings for family members and friends of people with mental illness based both on personal and professional experience:</p> <ul style="list-style-type: none"> • How to prepare for the return of a close person from a psychiatric hospital? • How not to forget about oneself while caring about a close person?

Publications and articles

- Berg-Peer, Janine: ***Death does not surprise those who are ready. My "project" for a quiet life in old age*** (translated from German, Wer früher plant, ist nicht gleich tot). Prague: Centre for Mental Health Care Development, 2020. 218 p. ISBN: 978-80-907318-6-8.
- Berg-Peer, Janine: ***Schizophrenia is filthy, mom! About my daughter's living with mental illness*** (translated from German, Schizophrenie ist Scheisse, Mama!). Prague: Centre for Mental Health Care Development, 2020. 159 p. ISBN: 978-80-907318-5-1
- ***Exchange of mutual support of European Recovery Colleges.*** Centre for Mental Health Care Development, 2020.
- The Czechs in Moldova support the shift of care about people with mental illness from institutions to community environment. *Pro duševní zdraví - Češi v Moldavsku podporují přesun péče o lidi s duševní nemocí z ústavů do komunitního prostředí* (produsevniizdravi.cz)
- Formánek, T.; Winkler, P.; Žáčková, L.: ***Evaluation of the effect of educating family members and integrating peer carers into services.*** Summarizing report from the evaluation. Centre for Mental Health Care Development, 2020.
- Lukasová, M., Petr, T., Říčan, P.: ***Analysis of regime measures.*** Centre for Mental Health Care Development, 2020.
- ***Peer Carers, why it is a Good Idea and How to do it*** (Manual for the inclusion of peer carers in community services). Centre for Mental Health Care Development, 2020.
- Repper J., Perkins R., Meddings S.: ***A personal health and wellbeing plan for family, friend and carers*** (translated from English). Centre for Mental Health Care Development, 2020.
- ***Safewards: interventions.*** Pamphlet with descriptions of interventions of the Safewards Model (www.safewards.net). Translation: Marek Procházka, Lenka Procházková. Centre for Mental Health Care Development, 2020.
- **Zámezí 5/2020** topic of DEATH
- **Zámezí 6+7/2020** topic of IDENTITY

Videos

- Tree views of the role of Centre for Mental Health Care Development. Centre for Mental Health Care Development, 2020.
- Peer carer. Person with his own experience of caring about a person with mental illness. Centre for Mental Health Care Development, 2020.
- Noi nu suntem vinovati (Peers in Moldova) – Destigmatizing video spot about Moldovan peer ambassadors. Centre for Mental Health Care Development, 2020.
- Three educational videos: Peer lecturer Katka: daily and weekly plans; peer lecturer Katka: A get-to-know-you exercise at Recovery College; Recovery according to peer lecturer Katka. Centre for Mental Health Care Development, 2020.

Our videos can be watched on our YouTube channel:
<https://www.youtube.com/channel/UCvmuDcrfAtIz7tKt2oNFJXw>

Poster

- Czech trace in the process of leaving institutional care in Moldova (poster). Centre for Mental Health Care Development, 2020.

Česká stopa v opuštění ústavní péče v Moldavsku

Dokumentováno porušování základních práv, uzamčené pokoje, nemožnost svobodně se pohybovat po odděleních, nevyhovující kapacita, pokoje po 20 lidech. Případy pracovního využívání – zásadní porušování hranic ve vztahu klient pracovník. Absence terapeutické podpory, jak individuální, tak skupinové pro duševně nemocné. Nedostatek kvalifikovaného personálu. Nezajištěno právo na základní intimitu a soukromí ve všech oblastech života. Stigmatizace.

01 Neutěšenost země

Nejchudší země Evropy balancující mezi Východem a Západem. Politická nestabilita, běžné případy korupce. V zemi žijí přibližně 3 miliony obyvatel včetně Podněstří. Separatistická oblast Podněstří podporovaná Ruskem. Silná pracovní migrace do zahraničí. 6 ústavů sociální péče – 1841 klientů včetně dětí. 3 psychiatrické nemocnice – 1283 pacientů. Nedostatečná síť služeb v komunitě.

02 Neutěšenost ústavní péče

Velké ústavy nerozlišující lidi trpící duševním onemocněním a lidi s mentálním postižením.

03 Jak se podílíme

Navázali jsme na pilotní projekty organizací Keystone a Trimbos Moldova.

2016-2017 jak na transformaci

Vytvořili jsme transformační plány pro čtyři ústavy. Vyškoliли jsme 32 pracovníků ústavů v individuálním přístupu ke klientovi, komunitnímu bydlení, legislativě. Zajistili jsme stáž pro 17 odborníků týkající se transformace služeb.

2018 vznikají první chráněná bydlení

Napomohli jsme vzniku 7 chráněných bydlení pro 42 lidí. Vyškoliли jsme klienty ve finanční gramotnosti a zaměstnávání. Poskytli jsme materiální pomoc do chráněných bydlení – skleničky pro pěstování zeleniny, obuvnické, holičské a kadeřnické vybavení. Začínáme pracovat na destigmatizaci – otevřené dny v chráněných bydlení, letáky, video spoty.

2019-2021 důraz na kvalitu

Zavedli jsme supervize pracovníků chráněných bydlení. Podporujeme metodicky pracovníky chráněných bydlení. Školíme státní zaměstnance v plánování a procesu deinstitucionalizace. Tvoříme metodické materiály pro pracovníky chráněných bydlení a státní pracovníky. Pokračujeme v destigmatizaci - vytváříme pozici peer ambasadorů, informujeme o duševním onemocněním studenty a veřejnost.

kdo

Kontakt

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Plátek je financovaný v rámci projektu "Podpora transformace a komunitních služeb pro osoby s mentálním postižením a duševním onemocněním v Moldavsku" díky partnerům občanské společnosti České republiky.

Publications / showcase

- **Janine Berg-Peer**

Schizophrenia is filthy, mom!
Death does not surprise those who are ready



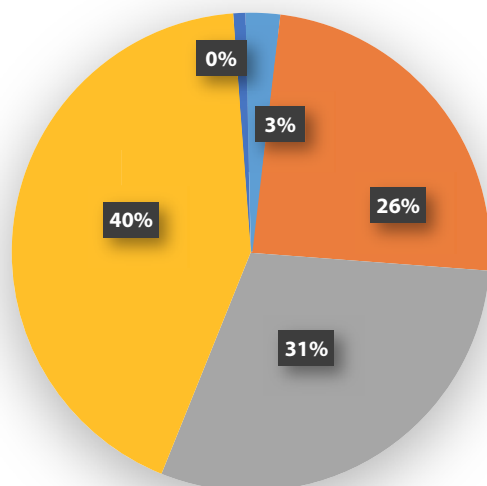
- **Zámezí magazine**

#5/2020: Topic of DEATH
#6+7/2020: Topic of IDENTITY

Finances

In 2020, the Centre managed a positive balance of **297 941 CZK**. 76 % of the income came as grants and subsidies, mainly from ESF sources and the state budget. The remaining income was provided by revenues from educational activities, commissions, and by donations received.

Expenses



- Spent purchases
- Expert services
- Other services
- Personal expenses
- Other expenses

Overview of economic activities in 2020

Expenses

Spent purchases	372 627 CZK
Expert services	3 586 800 CZK
Other services	4 333 694 CZK
Personal expenses	5 580 894 CZK
Other expenses	43 114 CZK

TOTAL 13 917 129 CZK

Income

Subsidies and grants 10 859 295 CZK

of which:

Bilateral	1 021 CZK
CARe	744 393 CZK
Moldova	2 636 509 CZK
Peer workers in PHB	730 318 CZK
Peer family members in PH	2 026 301 CZK
Recovery College	2 373 879 CZK
Families	2 346 874 CZK

Received contributions and donations 189 316 CZK

Earnings from services 3 157 205 CZK

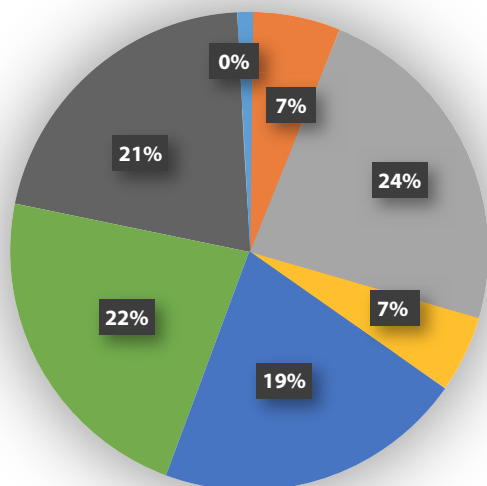
of which:

Educational institute (VZIN)	1 692 720 CZK
Commissions	1 464 486 CZK

Other income 9 254 CZK

TOTAL 14 215 070 CZK

Subsidies and grants



- Bilateral
- CARe
- Moldova
- Peer workers in PHB
- Peer family members in PH
- Recovery College
- Families

People in the Centre

Board members: Václava Probstová, Ondřej Pěč, Jana Žmolíková

Director: Pavel Říčan

Financial manager: Lenka Jůnová

Office manager: Pavla Šelepová

Educational Institute manager: Pavla Šelepová

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Expert assistant / peer specialist: Šárka Michlová

Expert consultants: Zuzana Foitová, Petr Hejzlar, Michael Kostka, Jana Pluhaříková Pomajzlová, Michaela Růžičková, Jan Stuchlík

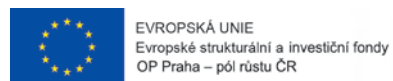
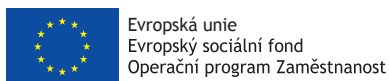
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