## **BACK TO THE FUTURE:**



## TRAINING TO BOOST RECOVERY IN THE HOSPITAL OR RESIDENTIAL CARE













How to support people with mental health issues on their return from hospitalization: experience from Croatia, Czech Republic and Estonia

## June 15th 2023

9.00 – 13.00 accessible online (life streaming) continued 13.30 – 15.30 only for on-site participants MOZAIK, Slavonska avenija 6/2, Zagreb

Participation in the conference is free of charge.

Please register: <a href="https://forms.gle/qUTYE7Uf7925oTR16">https://forms.gle/qUTYE7Uf7925oTR16</a>

Registration for on-site participation in Zagreb till June 12th 2023. Registration for participation online will be open till June 14th. The link for the streaming will be send after registration.

We are pleased to invite you to attend our upcoming conference in Zagreb, where will be presenting the final results from our Erasmus+ project **Education and Empowerment for Transition to Community**.

The goal of the project was to **support key competences of people with mental health issues before the discharge** from psychiatric hospitals (wards) or long-term residential facilities with the aim to support their recovery.

The project has been a collaborative effort of Centre for Mental Health Care Development from Prague (Czech Republic), Association for Psychosocial Assistance Susret (Zagreb, Croatia) and Wellbeing and Recovery College (Tartu, Estonia).

At the conference, you will have the opportunity to hear from the project team and learn about our approach and findings including the involvement of trainers with own experience with mental health issues and recovery. We would like to share inspiration, specific ideas and materials that can be used to support people with mental health illness returning from hospital.

We will also have several guest speakers who will share their insights and experiences on the topic . We are happy to announce as a speaker **psychiatrist prim.dr.sc. Daniela Šago, dr.med. from the Psychiatric Clinic St. Ivan in Zagreb**.

The conference is part of the **Education and Empowerment for Transititon to Community project**, implemented by the **Centre for Mental Health Care Development** in collaboration with the Estonian **Wellbeing and Recovery College** and the **Association for Psychosocial Support Susret** in Croatia.





