



erfaringskompetanse.no



National Centre for
knowledge through experience
in mental health

www.erfaringskompetanse.no

We give credit to the knowledge of the service-users and their relatives

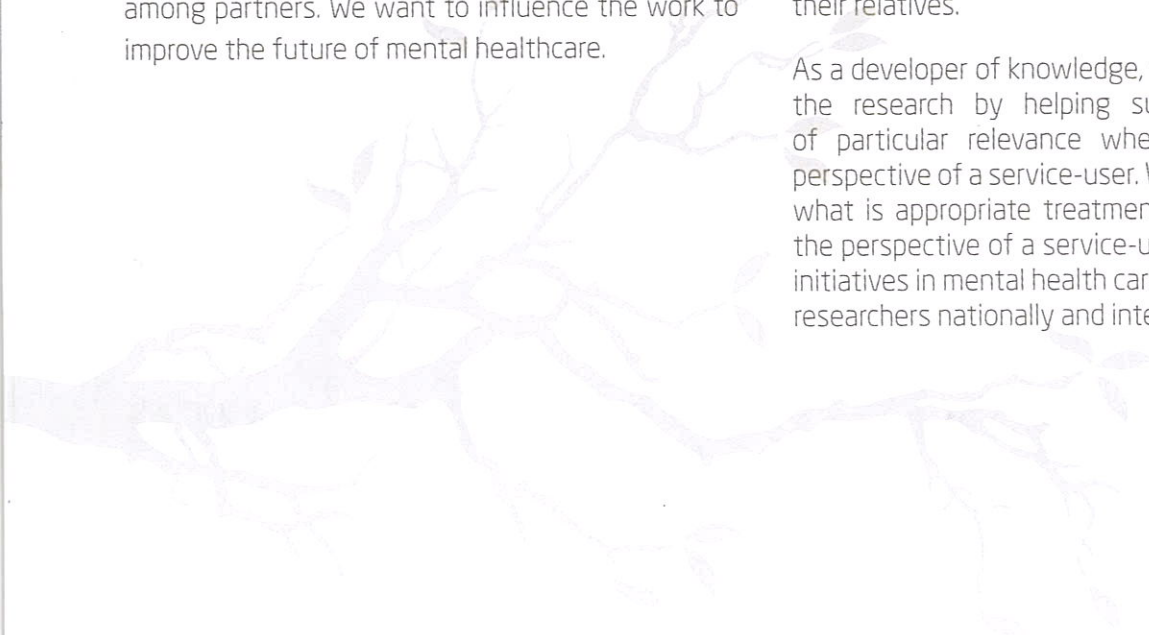
COMMUNICATION

We are focusing on communication, dialogue and sharing. Our priorities are news, blogs, social media, feature articles, research, panel discussions, videos and newsletters via www.erfaringskompetanse.no. In addition to this we arrange gatherings, publications, magazines and conferences. We make the knowledge of the service-user and their relatives available for both existing and new audiences and among partners. We want to influence the work to improve the future of mental healthcare.

KNOWLEDGE

We look at research and development (R & D) as a systematic, creative work to increase knowledge about the service-user perspective that can contribute to new knowledge and solutions in the field of mental health. To our collection of experiences, we collect the stories from service-user for future research. The stories are also important reading and inspiration for other service-users and their relatives.

As a developer of knowledge, we want to influence the research by helping support the research of particular relevance when viewed from the perspective of a service-user. We also wish to clarify what is appropriate treatment when viewed from the perspective of a service-user, and support local initiatives in mental health care. We collaborate with researchers nationally and internationally.





EXPERIENCE RESEARCH **NEWS**
SOCIAL MEDIA MEETINGS DIALOG
PUBLICATIONS OPTIONS

Equality between knowledge through experience and traditional knowledge

COLLECTION OF EXPERIENCES

The collection of experiences is a library and consists of physical and electronic materials such as stories, articles, research, film and magazines that deal with service-user and family experiences in the field of mental health. The aim of the collection is to make new knowledge available to everybody and help create equality between experience and knowledge in the health sector.

We make knowledge accessible and searchable in the library system BIBSYS. Your local library can help you to borrow materials from us. Contact us on mail: bibliotek@erfaringskompetanse.no

Search through our collection at www.erfaringskompetanse.no



The collection of experiences

Equality between traditional knowledge and experience-based knowledge

KNOWLEDGE | COMMUNICATION | NATIONAL LIBRARY

National Centre for knowledge through experience in mental health has received a mandate from Parliament to gather, make valid and communicate knowledge and making it available to the health sector. We are funded by the Directorate of Health, and are a network facilitator in the connection between the experience-based knowledge and regular knowledge in the field of mental health. We challenge both sides and want to promote a comprehensive picture of health and health-inhibitory factors in mental health.

We want the experience-based knowledge to make a difference in the health sector. Our vision is equality between traditional knowledge and experience-based knowledge from service-users and their relatives. We believe that good service requires that the different perspectives and approaches to what provides good health are discussed properly. Through dialogue and cooperation in knowledge and service development, we think that user-influence becomes a natural and integral part of work practices, attitudes (anti-stigma) and research.

Our objective:

- The individual experiences are a valid source of knowledge in research and service development
- We contribute to innovation in services so that they bring better health and meet the individual

As a knowledge and communication organization, we will highlight the knowledge and experience in the individual as an important resource. Experience-based knowledge is a source of knowledge we cannot afford to lose. We believe in added value for the knowledge-based practice, when we take the experience of the service-users and their relatives seriously.

The national collection of experiences is available through our national library at Frogner in Skien and through our website www.erfaringskompetanse.no. We are linked to the national library-system Bibsys and distribute loans to a growing group within academia, practice fields and users / relatives in the field of mental health. Through online channels and newsletters we make the knowledge available for our existing and new audiences and among partners.

Do you want to share your experiences in the field of mental health?

Your experiences will help others. Do you want to contribute?

Please visit www.erfaringskompetanse.no or contact bibliotek@erfaringskompetanse.no

Join us and enhance the future of mental healthcare!

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CONTACT US

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