

How to support people with mental health issues on their return from hospitalization:
experience from Croatia, Czech Republic and Estonia

June 15th 2023

ONLINE / MOZAIK, Slavonska avenija 6/2, Zagreb

PROGRAMME

8.30-9.00 Registration

9.00-9.15

Welcome by the host (Susret) and Mrs. Katkić Stanić, Ministry of labour, pension system, family and social policy

9.15-9.30

Brief overview of the project (Czech coordinator: Barbora Holá, Jana Pluhaříková Pomajzlová)

9.30-10.15

- **Communication topic, work of peer trainers and experience of the Croatian team** (Susret: Radmila Stojanović Babić, Dominik Zajec, Jelena Šulentić, Tomislav Kelava)
- **Interview with Daniela Šago PhD MD from Psychiatric Clinic St.Ivan Zagreb**

10.15-10.30 Break (coffee, tea)

10.30-11.30

- **Recovery topic, involvement of peer workers and experience of the Czech team** (Centre for Mental Health Care Development: Jana Pluhaříková Pomajzlová, Václav Jílek, Magda Dosbabová)
- **Safety topic, meeting of the world of hospital and community care and experience of the Estonian team** (Wellbeing and Recovery College in Tartu: Anna Toots, Urve Tõnisson)

11.30-11.45 Break (coffee, tea)

11.45-12.45

- **Evaluation of the pilot training** (Pavel Říčan)
- **Video**
- **Discussion**

Just for participants on site:

12.45-13.15 Break (brunch)

13.15-14.30

Workshop: demonstrations of exercises

14.30-15.30

Wrap up, sustainability and vision of future work