

What's up with our parents? How can I help my children?

Let's Talk about Children

Presentation of a Finnish method aimed at supporting families in which one of the parents has an experience of mental illness and the corresponding experience of working with families in the Czech environment, including a personal story.

Moderated by **Mgr. et MgA. Martin Sedláček**



Prof. Tytti Solantaus
child psychiatrist and author of LTC method



Miia Äänismaa
teacher and trainer of LTC method



MUDr. Jan Lorenc
child psychiatrist and psychotherapist



Mgr. Jan Kulhánek
clinical psychologist and psychotherapist



Lucie Smutná Škrabáková
peer family worker

June 1st 2023, 10.00 - 15.00

Small Hall of the Municipal Library in Prague, Mariánské nám. 1



Participation at the conference is **FREE OF CHARGE**.

The conference will be interpreted from/into English. If you are interested in attending and in order to provide headphones for interpreting and to be counted, please **register by 25 May 2023**: <https://forms.gle/j1PbVL8GxveEsQK7A>



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